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FOR FURTHER INFORMATION:

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Clearbrook Massachusetts Introduces the Mental Health Program in Baldwinville, Massachusetts

Baldwinville, MA- Mental health cases have been on the rise since the beginning of the Covid-19 pandemic. People all around the world are battling mental health problems, many of them suffering in silence. Anxiety and depression symptoms are being found in 4 out of 10 Americans; an alarming increase from the 1 out of 10 that were reported back in 2019. With cases of mental health disorders on the rise due to factors including the Covid-19 pandemic, lack of social interactions, and unemployment, Banyan is making a consistent effort to provide expert treatment as the solution.

Finding the right care that understands the impact mental illness can have on an individual and their family is vital to long-term recovery. That is why Banyan continues to grow its services and make them available to as many communities as possible.

We're proud to announce that Banyan Treatment Centers has expanded their mental health program to the state of Massachusetts at one of the Clearbrook Treatment Centers locations.

Banyan insists on offering clients the necessary care at a full treatment continuum and continues to expand its programs so individuals in all stages of addiction or mental illness can recover.

Banyan Treatment Centers, known for their advanced approach to substance abuse treatment, began specializing in mental health care in 2017 in South Florida and now stands as the leader in mental health and addiction recovery across the United States.

Residential mental health care at Clearbrook Massachusetts offers inpatient treatment for mood, thought, and anxiety disorders. Various unique therapies and programs are incorporated into clients' treatment plan to accommodate their specific needs. These programs include art therapy, cognitive-behavioral therapy (CBT), dialectical behavioral therapy (DBT), ancillary programs, and much more.

In addition to a mental health program, Clearbrook Treatment Center Massachusetts also offers inpatient treatment for drug and alcohol use disorders, allowing patients to seek care for co-occurring disorders (dual diagnosis), as well. Treating co-occurring conditions along with personalized treatment plans increases the patient's chances of success.

Banyan strives to be a reliable resource to the mental health community, permitting additional expansion on the horizon. To learn how Banyan Treatment Centers is improving the lives of individuals with substance use and mental health disorders, visit the organization's media section or Banyan blog.

If you or someone you care about is struggling with mental illness, addiction, or an eating disorder, please call us today at (877) 836-7614.