

## In support of Mental Health Awareness Month in May, Banyan Treatment Centers gives away a scholarship to those suffering from mood and thought disorders and it could not come at a better time than now.

Pompano Beach, FL 5/1/2020- As the world is going through difficult times of the COVID-19 era, millions are left jobless, anxious, depressed and fearful. People's lives have been turned upside down and many are struggling with their mental health. Nearly 450 million people worldwide are currently living with a mental illness, but only a third of them ever get the treatment they need. That is why Banyan Treatment Centers want to give an individual the opportunity to enter the 30-day program free of charge; a chance for he or she to have a healthy life.

There is an easy application process to submit a form online at www.banyancenters.com/helpmh. Recipients will be notified in June for the scholarship. While everyone is deserving of treatment, those that do not receive a scholarship will still be able to connect with a representative who will guide them into finding the right treatment facility with or without insurance. It is important to make sure they have options and access to resources they may not know about.

Banyan Treatment Centers is one of the fastest-growing, Joint Commissioned Accredited drug treatment and mental health rehabilitation facilities with 11 centers nationwide. Their mental health programs in Florida are in Boca Raton, Pompano Beach and Lake Worth. They offer therapeutic services for treating thought disorders marked by illogical, delusional cognitive function or speech. These are characteristics of psychotic mental illness and include hallucinations and paranoia. Mood disorders, also known as affective disorders, are psychiatric illnesses that result in abnormal or extreme emotional states. These include major depressive disorder, bipolar disorder, seasonal affective disorder and others. Many of these disorders are treatable and the spectrum goes from mild to severe. "We want to let people know that we are here for you. There are tools that you can use to improve their mental health, regardless of the situations you are dealing with right now," says Alyssa Valentin, Director of Digital Marketing. "If you or a loved one struggle with mental illness, do not ignore those feelings, and know it is okay to seek mental health from a professional. You are not alone."

## **About Banyan Treatment Centers:**

Banyan Treatment Centers is Joint Commissioned Accredited and stands as a leader in the treatment industry providing quality drug addiction and mental health services. Banyan provides a full continuum of care including medically managed detox, residential, partial hospitalization, outpatient and alumni services. For more information visit www.BanyanCenters.com or call 888-230-3122.