

Banyan Tri-Annual Family Weekend Conference



We are pleased to invite you to Banyan Treatment Center's Tri-Annual Family Weekend Conference. The conference is an intensive experience where you, the family members affected by your loved one's substance use, will have an opportunity to meet with professionals to learn about addiction and participate in family therapy. The Tri-Annual family weekend conference is offered to current clients and alumni of Banyan Treatment Center.

The next Family Weekend Conference is Saturday, Sept. 14 and Sunday, Sept. 15, 2019.
This program will be held at the Sheraton Suites in Fort Lauderdale, FL.

The cost of the Family Weekend Conference is \$175 per family. *The hotel accommodations are separate. The recommended attendance for the family weekend program is 2-3 family members per client. The participants must be of 18 years of age or over.

Prior to your arrival, we ask that family members prepare an impact letter to read to their loved ones during the therapeutic activity. The impact letter helps the client understand and process the effect that his/her using has had on his/her loved one's lives. The letter should be addressed to the client and should discuss the impact of his/her using (i.e. financial stress, education, legal fees, staying up at night to make sure he/she is okay, losing trust, declining health conditions due to the stress of his/her using, etc. Private family sessions are also available with the Client's primary therapist as the family and primary therapist's schedule permits.

On Saturday [for Family members only] you will meet with members of the Clinical team, including our Medical Director. The topics covered include the treatment process, the effects of addiction on the brain, Co-Occurring mental health disorders, how to avoid enabling behavior and developing a successful discharge plan. Our chaplain will also speak about Banyan's Faith-Based program and a community leader will provide education on activities to help families affected by addiction. The day ends with a picnic where family members are joined by your loved ones for a relaxing meal.

Sunday morning includes family therapy sessions led by a therapist and in the afternoon our Alumni Relations Director will do a presentation, followed by a wrap up and visiting time.

The program starts at 8 am for both days and breakfast and lunch will be provided.

Please **RSVP with Richard Mayora** [954-533-7705 ext. 141] no later than Thursday, Feb 14th, 2019 to secure your place in the Family Weekend Conference.

"I thank you so much for everything!
Thank you for the renewed hope! Thank
you for all the hard work-Everyone! Thank
you for including the families. This is a
family affair."

"Absolutely an excellent weekend.
All of the presentations were helpful,
educational and moving. I can't thank you
enough for all of your wonderful people.
God bless you all."

Saturday September 14th, 2019 [Families only]

* Schedule subject to change

BREAKFAST 8:15-9:00am

Clinical Director, Ryan Steinberg, LMHC, MBA

9:00-9:15am

- Welcome Remarks
- Team Introduction

Ashley Moore, MSW, EMDRIA EMDR, Trained Therapist

9:15-10:00am

- The Treatment Process

BREAK 10:00-10:15pm

Gilah Weissman, ARNP, MSN

10:15-11:15am

- Medical Model of Addiction
- Co Occurring Disorder

BREAK 11:15-11:30pm

National Director of Family Intervention Services, Kevin Craner, MHA, CIP, CRS, CFRS

11:30-11:55pm

- Family Support/Resources
- Self-Care

MAP Program, John Sapienza CRSS, CBHT

11:55-12:00pm

LUNCH 12:00 - 1:00pm

Samantha Carfora

1:00-1:30pm

- Discharge Planning & Aftercare

Richard Mayora, LCSW, MCAP, CCTP

1:30-2:00pm

- Involuntary Commitments

BREAK 2:00 - 2:15pm

Raquel Morales-Bello, MFT, MHC

2:15-3:00pm

- Enabling Behavior/Co Dependency

Ashley Moore, Raquel Morales-Bello, Richard Mayora

3:00-4:00pm

- Family Exercise

Rob Cole, LMHC, MCAP

4:00pm-4:15pm

- NAMI and other mental health resources

End of Day Sessions 4:15

Reception at Pompano Facility, 950 N. Federal Highway

6:00pm- 8:00pm

Sunday September 15th, 2019 [Families and Clients]

BREAKFAST 8:15-9:00am

Therapeutic Exercise, & Breakout Sessions with Clinical Staff

9:00-12:30pm

BREAK (tbd by group facilitator)

LUNCH 12:30-1:30pm

Alumni Program Coordinator, Irina Shuran

1:30-2:45pm

- Banyan Alumni Program & Resources
- Alumni Client Speaker & Parent Speaker

BREAK 2:45 - 3:00pm

WRAP UP 3:00 - 3:30pm

VISITATION 3:30 - 5:00pm

An Unforgettable Experience

Here at Banyan Treatment Center, we work diligently to ensure that the topics discussed at the Family Weekend Conference are both educational and useful to our attendees. Using family feedback, we continue to develop and improve our conference, while bringing families together.



Meet Our Staff

The Family Weekend Conference provides attendees the opportunity to interact with the professionals who treat their loved ones on a daily basis. You will be provided with an in-depth understanding of our staff's qualifications and backgrounds, as they share their insight on treating addiction with all of you.

Gain Invaluable Education

Throughout the course of the conference, our trained therapists and staff will share with you a wealth of knowledge. Participate in interactive workshops, where you'll have the opportunity to share on how addiction has affected your life, and learn new ways to heal as a family moving forward.



"The education we received and the interaction with our son. The ability to address critical issues through the impact letter was invaluable. Hearing the experiences of others was comforting and helpful."

Hotel Information

The program is held at the Sheraton Cypress Creek except for the Saturday evening reception. The address of the hotel is 555 NW 62nd St, Fort Lauderdale, FL 33309 Phone: (954) 772-5400.

- The hotel does not provide shuttle service to or from the Fort Lauderdale airport.
- The Fort Lauderdale airport is about 40 minutes away from the hotel.

The Saturday evening reception is held at our Pompano location from 6-8pm. The address is 950 N. Federal Highway, Pompano Beach FL 33062. We provide shuttle service from the hotel to the Pompano location and back.

Schedule

- Breakfast 8:15 am Saturday and Sunday am
- Lunch Noon on Saturday, 12:30 pm on Sunday
- Sessions End at 4:30 pm on Saturday, 3:30 pm on Sunday
- Families will be reunited with their loved ones on Saturday from 6:00 – 8:00 pm at the reception and at Sunday's breakfast.
- PHP Clients will have visiting time on Sunday from 3:30 pm to 5:00 pm at the hotel.
- IOP Clients need to return to property by their 10 pm curfew.
- We do not provide transportation for alumni clients.
- Family members will be given an assignment to process in the Sunday AM therapy session. This assignment will mirror an exercise your loved ones will write. The assignment will be shared in small groups with other families present under the supervision of our staff therapists.
- We suggest that you bring a jacket or sweater in case it gets cold.

The fee of \$175 covers an entire family. Attendees should be over 18 with four members max. If you cannot make the Sunday sessions, you may attend the Saturday educational sessions only for \$100 per family.

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