



## What to Bring to Treatment



### What to Bring:

- 2 weeks worth of clothing (under garments, socks etc. gym is optional so feel free to bring work-out attire)
- iPod with no internet capabilities
- Cigarettes/vapes/E-Cigs ( can be purchased by staff if client has the funds)
- Credit/debit card or cash
- Toiletries (shampoo, conditioner, deodorant, hair brush, tooth brush etc.)
- Personal ID
- Insurance card
- Non-narcotic prescription medication

### What to Leave at Home:

- Valuables (jewelry, large amounts of cash)
- Pets
- Pornographic Materials
- Aerosol Hairspray
- Alcohol or drug products (anything containing alcohol in the first 5 ingredients)
- Electronics with internet access (we encourage you to bring cell phones to travel however they will be locked up upon arrival)
- Weapons of any kind (guns, knives, brass knuckles, chains, razor blades etc.)
- Illegal drugs, Narcotics and Alcohol

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